



KGH Program Guide



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Hi and Welcome to KGH Consultation & Treatment’s Program Guide. KGH grew out of a recognized understanding of individualized learning styles. We take pride in our innovative therapy center providing comprehensive services to individuals 0-18 with developmental, learning, behavior and/or social difficulties, along with their families.



KGH provides a variety of intervention services. We are a family-centered organization providing four main types of services:

- ★ Treatment Services
- ★ Family Support Services
- ★ Consultation Services
- ★ Social & Group Services

Our center is committed to helping our clients achieve their maximum potential as well as providing support and resources to the families. We:

- ★ Stay **knowledgeable** about the latest research and evidence based intervention
- ★ Provide innovative & **results oriented** therapy
- ★ Adhere to **best practice** standards
- ★ Offer **resources & trainings** to empower parents, siblings, and extended family

Our intensity ranges from school observations for appropriate classroom placement to intensive/daily therapy. We are in-network providers for many major health insurance plans and are more than happy to directly bill the out of network insurance companies, on your behalf.

If you are interested in our programs but do not know what would be best for your child, don’t worry!! **KGH offers FREE treatment screenings in order to best match our specialized programs to the individual needs of your child.** Please call the owner, Kim Hoehne, M.A., BCBA to set up a FREE treatment screening with her. Kim can be reached at 847.498.KIDS (5437) x12.

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KGH programs are designed specifically for children and adolescents that may struggle with any of the following issues:

- * Autism Spectrum Disorders (ASD)
- * Pervasive Developmental Disorder (PDD)
- * Asperger's Syndrome
- * ADD/ADHD
- * Social Pragmatic Language Disorder
- * Social Cognition Deficits
- * Learning Disabilities
- * Mental Health Issues
- * Executive Functioning Difficulties
- * Anxiety
- * Nonverbal Learning Disability (NVD)
- * Sensory Regulation
- * Sensory Integration Dysfunction
- * Developmental Delays
- * Non-compliant behaviors
- * Social Anxiety

FREE screenings offered in order to best match the needs of the individual to the program or group. ALSO, several age-ranges and ability levels per program are available in order for each individual to maximize their learning.

Treatment Services

Comprehensive Intensive Program (Ages 2-12)

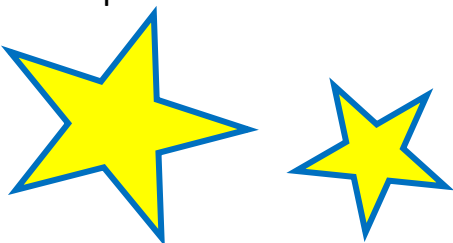
The goal of our comprehensive intensive program is to provide intense 1:1 therapy using the science of Applied Behavior Analysis (ABA). During therapy, the child will benefit from our various rooms (e.g., classroom, motor room, toy town, game room, etc.). The case Consultant will directly provide ABA treatment in order to appropriately provide program supervision and parent coaching. Within the ABA intensive program, the child will be provided with weekly relationship and social development, group activities and opportunities with other children. 10 to 40 hours per week intensives available.

ABA Treatment

ABA Treatment consists of an ABA Consultant providing developmental ABA based therapy. Most often this involves the consultant treating a child who is receiving other ABA therapy (in-home or clinic). The goal is for the therapist to baseline and probe new programs, update the child's notebook, as well as offer parent coaching.

Speech and Language Therapy

Speech Therapy consists of identifying and treating oral motor and feeding difficulties, language comprehension, and social pragmatic issues, alternative forms of communication (PECS, sign and output devices) as well as building functional communication skills.



Occupational Therapy

Occupational Therapy at KGH consists of identifying and treating sensory processing difficulties, motor planning/sequencing, apraxia, body tone, sensory integration dysfunction and regulation issues.

Counseling & Psychotherapy

Individual mental health treatment services, by a Licensed Clinical Social Worker, are available for children, teens and families. Identifying major stressors and creating a supportive plan is an area of focus.

Developmental Therapy

Direct treatment addressing developmental weaknesses. Developmentally appropriate goals are created by the parents and therapist.

Educational Therapy – Academic Tutoring

Direct treatment, in our study lounge, providing students with academic support in any specific academic subject or remediation support on any areas of weakness.

Executive Function (EF) Skills Treatment

The goal of this treatment is to strengthen all the processes that are directly involved with goal-directed behavior. Specific areas addressed include planning & problem solving, self-monitoring, attention, working memory, flexibility and inhibition.

Relationship & Social Development Treatment

Treatment geared at developing and strengthening relationship and social development as well as social cognition skills needed to feel and be successful with same-aged peers.

Social Dyad/Peer Play

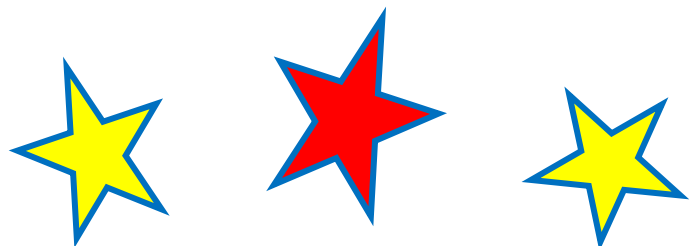
This type of treatment addresses issues of social awareness, social engagement, as well as playing with another child or multiple children. Areas of focus ranges from turn taking, interactive play, to higher-level social skills such as negotiation, teamwork, and theory of mind.

School Shadowing

This service provides quality therapeutic support for your child in their educational setting. Therapists will attend school with your child and help implement cues, behavior plans, prompting, etc., to help increase socialization, communication as well as general class participation. Close communication with the child's team and teacher is an area of focus as well.

Yoga Therapy

Individual relaxation yoga is available as a 1:1 session for children, adolescents, and adults. The goal is to ease anxiety and teach relaxation strategies. Individual goals for yoga sessions will be created by the parent/adult and therapist.



Family Support Services

Comprehensive Parent Training Program

Our Comprehensive Parent Training Program educates and empowers parents to feel and be more successful with their child with ASD. The training is filled with practical information and parents are given an understanding in typical development, how to improve quality of life for themselves and their child, how to understand their child with ASD, decrease problematic behaviors and promote positive, pro-social behaviors.

Parent Coaching

Parent coaching includes explanation and training that is relevant to their child in order to help support new skills and developments (e.g., communication, play, etc.) as well as address problematic behaviors. Recommended interventions and short-term goals are given as well as support, feedback and active coaching for the parents.

Family Counseling & Psychotherapy

KGH offers family therapy by a Licensed Clinical Social Worker where the focus is to meet with the entire family in order to create a plan to support the individual needs of each family member as well as the family as a whole.

Family Support Group

Raising a child with special needs does not come with a parenting manual and is often

exhausting. The goal of this parent group is to offer education on important topics as well as to provide support and collaboration with other parents.

Respite Services

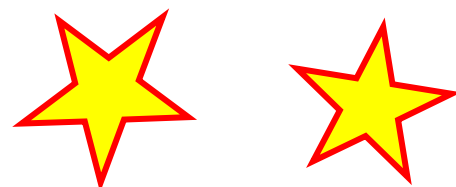
Respite care is a support services that provides families needed time to rejuvenate themselves. KGH can take care of your child as parents run errands, spend quality time with other children, go out to dinner, or just relax. KGH respite care providers have gone through behavioral training and are knowledgeable in techniques to help support any behavior plan the child may have.

Sibling Session

A sibling session addresses appropriate social engagement, play and communication with the child's sibling. Many times, siblings do not know how to effectively communicate and engage their brother or sister. Furthermore, work helping the sibling better understand their brother or sister is also addressed.

Sibs are Special!

Being a sibling of a special needs brother or sister is challenging. Our special needs Yoga Instructor and Art Therapist will provide a relaxing and positive environment for the sibling to be creative and self-express through various art mediums, yoga, visual relaxation & deep breathing techniques and more. This program is just about them! Help them feel refreshed and learn positive thinking techniques.



Consultation Services

Behavior Management (a.k.a. “Super Nanny” Support)

Consultation and parent support regarding behavior difficulties for all age ranges. Some examples include problems around eating, sleeping, getting dressed, non-compliance, aggression, talking-back, yelling/arguing, etc. The consultant will help you become successful at decreasing/eliminating problematic behaviors as well as become successful at promoting pro-social, positive behaviors.

Treatment Overview

Consultation

The owner of KGH will evaluate your child’s current treatment program, including all disciplines (e.g., school, private therapies, etc.), spend some time with your child as well as the parents and then provide recommendations in order to maximize the benefit of your child’s treatment program.

ABA Program Supervision

An in-home program consultation provides update training to the in-home therapists, program changes and advances, new program instruction/recommendations and consultation on any specific behaviors.

School Consultation/IEP Support

KGH Consultation & Treatment, Inc. can observe a child in their current classroom or observe a potential classroom for appropriateness. A report documenting observations, inclusion recommendations and effective classroom strategies are given. KGH can also attend IEP Meetings to

Note from a Parent...

“Thanks for all the great work you do with Jaden. Thanks to the intensive program that he has undertaken, my little boy was able to say, ‘I love you, Mommy’ for the first time last week. I couldn’t even have imagined that 6 months ago.”
Adrienne

help create appropriate IEP goals and professional recommendations for appropriate placement.

Consultation & Trainings for School Districts

KGH can provide formal training and/or consultation services to school districts in the theory and implementation of evidence-based treatment approaches and ABA as well as specific applications for kids with ASD and in the classroom setting.

Toilet Training Program

Yes, it can be done!! Our Toilet Training Specialist will teach you successful strategies and tactics through classroom instruction and then work with you and your child, in your home, to implement a successful toileting program.

Social & Group Services

Social Thinking/Social Skill

Building Groups

KGH provides a variety of therapeutic social skills groups. We have listed some of our most popular along with their descriptions. **All groups are billable to your insurance company.**

Play Pals

(Pre-K – Kindergarten)

Play pals is an interactive group for 3-6 year olds, targeting social language and friendship development. Participants in this group will come together and play in our toy town. This group is led by a Licensed Speech Therapist. This group meets 1 time per week for 1 hour.

Let's Play

(Kindergarten – 2nd Grade)

Let's Play is geared for children with limited or emerging social relationship skills and social language skills by providing a nurturing environment to develop and enhance his/her social language, peer relationships and sensory regulation in a group environment. Let's Play is appropriate for children who struggle to express their thoughts and feelings independently and have had limited success with group activities. This group meets 1 time per week for 1 hour and is led by a Board Certified Behavior Analyst.

Totally Awesome Social Kids

(Kindergarten-1st Grade)

(2nd Grade-3rd Grade)

TASK is geared for children who need work mastering their social relationship skills and social language skills in a peer enriched environment. TASK is appropriate for children who can maintain regulation while independently expressing their thoughts and feelings. This group meets 1 time per week for 1 hour and is led by a Licensed Speech Therapist.

Social Skills Group

(2nd Grade-3rd Grade)

(4th, 5th & 6th Grade)

The goal for children in this group is to build the necessary skills for success in social situations. Areas addressed include relationship development, play and friendship skills as well as social thinking. This group meets 1 time per week for 1 hour and is led by a Licensed Clinical Social Worker.

Friends are Fun

(3rd, 4th & 5th Grade)

(6th, 7th & 8th Grade)

The goals for this group include enhancing social and relationship development by increasing pragmatic language, conversation skills, as well as sensory regulation in a group environment. This group meets 1 time per week for 1 hour and is led by a Board Certified Behavior Analyst.

Free Screenings Available

Call today!



Girls Group

(2nd Grade-3rd Grade)

(4th, 5th & 6th Grade)

Our Girls Group is geared towards girls who are in need of strengthening their social language and beginning/maintaining friendship skills. The girls will focus on relationship skill building such as reading non-verbal and verbal cues, participating in age-appropriate activities that are of common interest, and overall development of social cognition skills. This group is facilitated by a Licensed Clinical Social Worker meeting 1 time per week for 1 hour.

Tween & Teen Group

(6th, 7th & 8th Grade)

(9th & 10th Grade)

(11th & 12th Grade)

Tween & Teen Group is for middle school through high school age students who would benefit from increasing higher level social thinking and social skills development. Some specific areas include increasing social cognition, theory of mind skills and executive functioning skills. Additionally, this group will focus on school related concerns such as issues with bullying, etc. This group is led by a Licensed Clinical Social Worker meeting 1 time per week for 1 hour.

Life Skills & Leisure Group

(6th, 7th & 8th Grade)

(9th & 10th Grade)

(11th & 12th Grade)

This group is for pre-teens and teens who would benefit from a small group improving important life skills such as developing

leisure skills, chores such as laundry (on site washer/dryer), reading & using train/bus schedules, independent skills, food preparation, purchasing/using money, etc. This group is facilitated by a Board Certified Behavior Analyst or Licensed Clinical Social Worker meeting 2 times per week for 1 hour.

KGH is a state-of-the-art facility. Each room was created and designed by the owner, Kim Garvey Hoehne, MA., BCBA, to best meet the social, emotional, academic and sensory needs of each individual. Our roomy 5,000 square foot space includes:

- Conference Room
- Full Size Classroom
- Game Lounge
- Infant/Toddler Rooms
- Individual Treatment Rooms
- Kitchen with washer/dryer
- Large Motor Room
- Low Stimulation/Calming Room
- Study Lounge
- Toy Town

