



KGH Winter Family Support Guide



December 2010 through February 2011

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Hi and Welcome to KGH Consultation & Treatment's Specialized Seasoned Program Guide. KGH grew out of a recognized understanding of individualized learning styles. We take pride in our innovative therapy center providing comprehensive services to individuals 0-18 with developmental, learning, behavior and/or social difficulties, along with their family.



KGH provides a variety of intervention services. We are a family-centered organization providing four main types of services:

- ★ Treatment Services
- ★ Consultation Services
- ★ Family Support Services
- ★ Social & Group Services

KGH programs are designed specifically for children and adolescents that may struggle with any of the following issues:

- * Autism Spectrum Disorders (ASD)
- * Pervasive Developmental Disorder (PDD)
- * Asperger's Syndrome
- * ADD/ADHD
- * Social Pragmatic Language Disorder
- * Social Cognition Deficits
- * Learning Disabilities
- * Mental Health Issues
- * Executive Functioning Difficulties
- * Anxiety
- * Nonverbal Learning Disability (NVD)
- * Sensory Regulation
- * Sensory Integration Dysfunction
- * Developmental Delays
- * Non-compliant behaviors
- * Social Anxiety

To access our **Full Program Guide**, please visit us online at www.kghconsultation.org. If you are interested in our programs but do not know what would be best for your child, don't worry!! **KGH offers FREE treatment screenings in order to best match our specialized programs to the individual needs of your child.** Please call the owner, Kim Hoehne, M.A., BCBA to set up a FREE treatment screening with her. Kim can be reached at 847.498.KIDS (5437) x12.



The following is our Winter Program Guide providing you with this winter's support group, monthly parent education and quarterly conference dates and times. Also, specific dates and times of our well-known social skills groups are included! If you have any questions, or would like to register for any of our Family Support Services or for a free treatment screening, please feel free to call!

Winter 2010-2011 Family Support Services

Family Support Group

Asperger's Parent Support Group

Tuesdays from 7:30pm-8:30pm : January 18th, February 15th

Raising and understanding a child with Asperger's does not come with a parenting manual and is often exhausting. The goal of this support group is to offer education on important topics as well as to provide support and collaboration with other

parents and family members and caregivers. This group is led by a Licensed Clinical Social Worker . \$15 per person or \$25 for 2 family members (parents, grandparents, and/or caregivers).

Monthly Parent Education Seminars

Insurance Coverage for Autism Therapy - yes it's true!

December Seminar: Thursday, December 9th begins at 7:30pm

For children diagnosed with Autism, early intervention and continued treatment is critical.

The Illinois Autism Mandate Law requires all individual and group health insurance policies and HMO contracts provide coverage for the diagnosis and treatment of autism spectrum disorders for children under 21, with an annual benefit of \$36,000 for services.

Come learn important strategies to access your insurance coverage as well as

limitations to the mandate.

Kim Garvey Hoehne, M.A., BCBA, the owner of KGH Consultation & Treatment, Inc. will present on this topic as she has been working with the insurance companies directly for over the past 1 ½ years. Kim has spoken with many Autism Insurance Management Representatives to help them understand the new autism service provider's role. She is familiar with the needed coding for in-network/out of network status, and much more.

What is Applied Behavior Analysis (ABA)? How can it help my child?

January Seminar: Thursday, January 13th begins at 7:30pm

ABA is a discipline devoted to understanding and improving human behavior. How can that help your child with special needs? Come find out the ABC's of ABA and see how it can specifically help **your** child with special needs. The presenter will leave enough time at the end to be available to **answer your specific questions about your child.**

Professionals and parents who have been told or think ABA is “too rigid” or “therapy that just gives candy” or “therapy that sits at the table all day” are encouraged to attend.

Kim Garvey Hoehne, M.A., BCBA is a Board Certified Behavior Analyst, Developmental Specialist and Owner of KGH Consultation & Treatment, Inc. Kim has been providing and teaching ABA Therapy for over 18 years.

Just for Grandparents!! How to help your child who has a child with special needs!!

February Seminar: Thursday, February 10th begins at 7:30pm

Grandparents often feel like they don't know how to help their child who has a child with special needs. They don't want to be too pushy yet, they don't want to just sit back either. This month's seminar is for grandparents to learn skills to help their child as well as their grandchild in need. Time will be devoted to answering your specific concerns and questions. You will leave feeling empowered as a grandparent!

Sara Kushnir, RN, LCSW is a Registered Nurse and Licensed Clinical Social Worker with KGH Consultation & Treatment, Inc.

Sara specializes in working with children and teenagers with executive functioning challenges, autism spectrum disorders, anxiety and social, emotional, behavioral and learning needs. She sees clients in both individual and group settings to develop friendship and social skills, promote appropriate behaviors and increase level of independent functioning. In addition, she sees adults, siblings and families on many issues, conducts parenting groups, and consults with teachers and mental health professionals

Winter Workshops

2 day presentation for parents and caregivers.....

Comprehensive Training Program for parents & caregivers with children with Autism Spectrum Disorders (ASD)!!

2 Trainings offered this Winter:

Thursday, January 6th and Friday, January 7th AND

Thursday, February 10th and Friday, February 11th

Registration 9:00-9:30

Class from 9:30-3:00pm (lunch on your own)

Research shows that parents with a child with ASD endure significantly elevated parenting stress than any other parent with a child with special needs, including terminally ill children. This daily, chronic stress can and will often lead to personal, family, and marital problems. What's more is that these problems have shown to negatively impact the quality of life for everyone in the immediate family.

So what can be done? Some of the main stressors which parents report are...

...I don't understand what my child wants,

...I don't know how to get my child to listen,

...I don't understand why my child does some of the things he/she does,

...I need to do everything for my child

...I'm upset that my child isn't interested in his/her siblings,

...I can't afford all the therapies (this is a big one!)

KGH is extremely proud to present a comprehensive and intensive parent training program that educates and empowers parents to be more successful with their child with ASD. This interactive course includes discussions that are specific to your child. Furthermore, numerous video examples will be shown to bring these difficult concepts to life in order to offer practical, hands-on support.

Our goal is to provide parents with information, support and confidence in order to decrease some of the main stressors of parenting a child with ASD. Doing this will help the quality of life for the entire family!

Practical and parent-friendly information to cover:

-Autism Spectrum Disorders (ASD)

-Applied Behavior Analysis (ABA) and alternative ASD treatments

-Creating Successful Interactions with Your Child

-Problematic Behavior-Why is it happening

-Strategies to Eliminate Problematic Behavior and Increase Positive Behavior

-Behavior Intervention Planning for Your Child

-Promoting Independence

-Putting the puzzle pieces together – What you need to know!

Cost: \$499.00 for up to 2 parents/caregivers

Includes materials, resources and books

Kim Garvey Hoehne, M.A., BCBA is a Board Certified Behavior Analyst and Certified Developmental Specialist who has been working with children with ASD, ADD/ADHD, social, developmental and behavioral concerns since 1993. She is the founder and owner of KGH Consultation & Treatment, Inc.. KGH is an innovative therapy center providing comprehensive services to individuals 0-18 with developmental, learning, behavior and/or social difficulties, along with their families. Kim is the mother of 2 children and provides practical and parent – friendly advice.

Call KGH at 847.498.5437 to register or register on-line at www.kghconsultation.org

KGH's Tackling Challenging Behaviors Series...



For children with ADD/ADHD

Friday, January 28th, 2011 from 9:00am-12:30pm

Why is my child doing that and how can I get him or her to stop?

●Are you tired of repeating everything four times to get your child to listen?

●Do you give in to your child to stop the whining?

●Do you avoid going out in public because your child doesn't behave?

●Do you dread when the phone rings and it is your child's school calling?

If you answered yes to any of these questions, then you need to come to this seminar!

This information packed seminar will teach you:

- Why problematic behaviors occur
- Learn and understand positive intervention strategies
- Learn practical strategies for dealing with common problems such as 'morning madness', bedtime & sleeping difficulties, anger & aggression as well as help with tackling homework frustration.

Kim will teach you how to tackle challenging behaviors and replace with positive, pro-social behaviors!

Cost: \$30.00 per person

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KGH's Tackling Challenging Behaviors Series....



For Professionals

Monday, February 21st, 2011 from 9:00am-12:30pm

Why is my client or student doing that and how can I get him or her to stop?

- Do you feel like your client or student is not achieving their potential due to problematic behaviors?
- Have you tried to stop problematic behaviors, but it hasn't been successful?
- Are you feeling frustrated because one child is often disrupting your entire class?
- Is your client not reaching their goals due to problematic behaviors getting in the way during your treatment sessions?

If you answered yes to any of these questions, then you need to come to this seminar!

Learn how to decrease problematic behavior to get the most out of your treatment session or class!

Cost: \$50.00 per professional

Call KGH at 847.498.5437 to register or register on-line at www.kghconsultation.org

Kim will teach you how to tackle challenging behaviors and replace with positive, pro-social behaviors!

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Social & Group Services

Social Thinking/Social Skill Building Groups

KGH provides a variety of therapeutic social skills groups. We have listed some of our most popular along with their descriptions. All groups are billable to your insurance company.

Play Pals

(Pre-K – Kindergarten)

Play pals is an interactive group for 3-6 year olds, targeting social language and friendship development. Participants in this group will come together and play in our toy town. This group is led by a Licensed Speech Therapist. This group meets 1 time per week for 1 hour.

Let's Play

(Kindergarten – 2nd Grade)

Let's Play is geared for children with limited or emerging social relationship skills and social language skills by providing a nurturing environment to develop and enhance his/her social language, peer relationships and sensory regulation in a group environment. Let's Play is appropriate for children who struggle to express their thoughts and feelings independently and have had limited success with group activities. This group meets 1 time per week for 1 hour and is led by a Board Certified Behavior Analyst.

Totally Awesome Social Kids

(Kindergarten-1st Grade) – Tuesdays 4:30-5:30

(2nd Grade-3rd Grade) – Tuesdays 4:30-5:30

TASK is geared for children who need work mastering their social relationship skills and social language skills in a peer enriched environment. TASK is appropriate for children who can maintain regulation while independently expressing their thoughts and feelings. This group meets 1 time per week for 1 hour and is led by a Licensed Speech Therapist.

Social Skills Group

(2nd Grade-3rd Grade) – Mondays 4:00-4:50

(4th, 5th & 6th Grade) – Mondays 5:00-5:50

The goal for children in this group is to build the necessary skills for them to feel and be more successful in social situations. Areas addressed include relationship development as well as social thinking. Students who exhibit social skill weaknesses are a good fit for this group. This group meets 1 time per week for 1 hour and is led by a Licensed Clinical Social Worker.

Friends are Fun

(3rd, 4th & 5th Grade)

(6th, 7th & 8th Grade)

The goals for this group include enhancing social and relationship development by increasing pragmatic language, conversation skills, as well as sensory regulation in a group environment. This group meets 1 time per week for 1 hour and is led by a Board Certified Behavior Analyst.

Girls Group

(2nd Grade-3rd Grade) – Wednesdays 4:00-4:50

(4th, 5th & 6th Grade) – Wednesdays 5:00-5:50

Our Girls Group is geared towards girls who are in need of strengthening their social language and beginning/maintaining friendship skills. The girls will focus on relationship skill building such as reading non-verbal and verbal cues, participating in age-appropriate activities that are of common interest, and overall development of social cognition skills. This group is facilitated by a Licensed Clinical Social Worker meeting 1 time per week for 1 hour.

Teen Group

(6th, 7th & 8th Grade) – Thursdays 6:00-6:50

(9th & 10th Grade)

(11th & 12th Grade)

Teen Group is for middle school through high schoolers who would benefit from increasing higher level social thinking and social skills development. Some specific areas include increasing social cognition, theory of mind skills and executive functioning skills. Additionally, this group will focus on school related concerns such as issues with bullying, etc. This group is facilitated by a Licensed Clinical Social Worker meeting 1 time per week for 1 hour.

Life Skills & Leisure Group

(6th, 7th & 8th Grade)

(9th & 10th Grade)

(11th & 12th Grade)

This group is for pre-teens and teens who would benefit from a small group improving important life skills such as developing leisure skills, chores such as laundry (on site washer/dryer), reading & using train/bus schedules, independent skills, food preparation, purchasing/using money, etc. This group is facilitated by a Board Certified Behavior Analyst or Licensed Clinical Social Worker meeting 2 times per week for 1 hour.



Free Treatment Screenings Available

Call today!

847.498.KIDS (5437) www.kghconsultation.org

